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Type 1 Personality Traits and Characteristics: The Idealist

The **TYPE1X** personality type is often described as an “idealist” personality. People with this kind of personality are mediators. They tend to be introverted, open-minded, creative, and driven by strong values.

TYPE1X is a four-letter abbreviation for one of the 16 personality types identified by the researchers.

Type 1 Characteristics

The test works by indicating your personality preferences and tendencies in the following areas: 1) Extraversion vs Introversion, 2) Sensing vs Intuition, 3) Thinking vs Feeling, and 4) Judging vs Perceiving. As you might have already guessed, the four-letter code for this personality type 1x stands for Introversion, iNtuition, Feeling, and Perceiving.

- **Introversion (I):** How do you relate to the world and focus your energy?
- **Intuition (N):** How do you perceive information?
- **Feeling (F):** How do you make decisions?
- **Perceiving (P):** How do you orient yourself to the outside world?

Some of the main characteristics of the TYPE1X personality include:

- Loyal and devoted
- Sensitive to feelings
- Warm, caring, and interested in other people

Other TYPE1X personality traits:

- Strong written communication skills
- Creative nature
- Prefers to work alone
- Values close relationships
- Focuses on the “big picture” rather than the details



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TYPE1Xs tend to be introverted, quiet, and reserved. Social situations tend to drain their energy, and they prefer interacting with a select group of close friends. While they like to be alone, this should not necessarily be confused with shyness. Instead, it simply means TYPE1Xs gain energy from spending time alone. On the other hand, they have to expend energy in social situations. This is why TYPE1Xs are considered one of the sensitive types.

TYPE1X Feelings and Conflict

TYPE1XS typically rely on intuition and focus more on the big picture than the nitty-gritty. They can be quite meticulous about things they really care about or projects they are working on but tend to ignore mundane or boring details. TYPE1Xs emphasize personal feelings, and their decisions are more influenced by emotions rather than objective information. When it comes to making decisions, TYPE1Xs like to keep their options open. They often delay making important decisions just in case something about the situation changes. Again, when decisions are made, they are usually based on personal values rather than logic.

They also dislike conflict and try to avoid it, especially with their partners. When conflicts or arguments do arise, they usually focus more on how the conflict makes them feel rather than the actual details of the argument. As a result, during arguments, they might seem overly emotional or even irrational. However, they can also be good mediators by helping the people involved in a conflict identify and express their feelings.



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TYPE1X Personal Values

Because they are so reserved and private, other people can find it challenging to get to know TYPE1Xs. They tend to be quite devoted to their circle of close friends and family and place high importance on the feelings and emotions of their loved ones. Much of their energy is focused inward and characterized by intense feelings and strong values. They tend to be very loyal to the people they love and to beliefs and causes that are important to them.

TYPE1Xs tend to be very creative, artistic, and spiritual. They are often skilled with language but may prefer to express their thoughts and feelings through writing. Because they have strong ethics and core values, they also become passionate about advocating or defending their beliefs. While they feel strongly about their own values, TYPE1Xs are also interested in learning more about others and are willing to listen and consider many sides of an issue. They love meaningful connections and are usually drawn to nature.

TYPE1Xs also have strong interests in making the world a better place. In addition to wanting to gain a greater understanding of themselves and how they fit into the world, one of their other personality traits is being interested in how they can best help others. People with this personality type spend a lot of time exploring their own purpose in life and thinking about how they can use their skills and talents to best serve humanity. As a result, they are naturally inclined toward helping professions and careers in which they can use their creativity.

TYPE1X Functions

The four primary functions of a TYPE1X are Introverted Feeling, Extroverted Intuition, Introverted Sensing, and Extroverted Thinking. This functional stack determines all of the typical visible traits of TYPE1Xs. Knowing them can be a great benefit to TYPE1Xs as well as those around them.

Their dominant function, Introverted Feeling, determines the most notable characteristic of TYPE1Xs: that they experience things mainly within themselves. The auxiliary function, Extroverted Intuition, makes them look to the external world to



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form their sense of self. These two are responsible for the most prominent traits of TYPE1X.

Less dominant is the TYPE1X's auxiliary function, Introverted Sensing, which gives TYPE1Xs their sentimental flavour and feeling for the past. Finally, the inferior function is Extroverted Thinking, which, though not operating at all on a conscious level, can cause TYPE1Xs to prefer objective analysis in some situations. This can cause them to end up unexpectedly in scientific or mathematical careers instead of the typical artsy route.

TYPE1X Compatibility

TYPE1Xs generally do well with personality types that share their emotional understanding of the world. The best match for an TYPE1X is an TYPE1X5 because they share many core values. Many people see an TYPE1X5 as the perfect partner for the TYPE1X because of complementary traits. For example, the extraverted TYPE1X5 is capable of reaching out to an TYPE1X and overcoming their reluctance toward deeper connection.

Although the TYPE1X5 is the perfect partner for the TYPE1X, other compatible types include the Type 4 and the Type1x4. The joint feeling function pairs these sensitive types and allows these matches to have meaningful connections. They have a strong sense of closeness when paired. They can also build an emotional attachment and a deeper understanding of one another. Despite some differences, the three are kindred personality types.

The worst pairing for a TYPE1X is with an TYPE9. Despite some apparent similarities, these conflicting personality types are not likely to get along in a long-term relationship. This is because TYPE9s focus too much on action and sociability for an TYPE1X's introverted taste.

TYPE1Xs' tendency toward idealization is particularly relevant in meaningful relationships. This means they tend to be hopeless romantics who put their partners on a pedestal and pay special attention to their needs. This can have both positive and negative results. It sometimes causes TYPE1Xs to work very hard to make a relationship fit their standards, but it may also make them view their situation in a rose-colored way that leads to disappointment.



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TYPE1X Women

In women with the TYPE1X personality type, the characteristic TYPE1X traits of empathy and compassion are accentuated. TYPE1X women are also principled and creative. They are the Princess Dianas and Audrey Hepburns of the world. Rare and unique, TYPE1X women are indeed one of a kind.

In general, TYPE1X personalities do well in careers that allow them to express their compassion and pursue their vision for the world in a minimally stressful environment. They thrive as artists, teachers, and counselors.

While they have strong values, their empathy allows them to understand other people's perspectives, making sharing deeply personal thoughts and feelings with an TYPE1X woman seem natural and freeing.

Famous People with TYPE1X Personalities

Based on their lives, behaviors, and works, Keirsey has suggested that the following famous people fit the characteristics of an TYPE1X:

- Aldous Huxley, author
- Audrey Hepburn, actress
- Helen Keller, activist and author
- J. R. R. Tolkien, author

Other famous TYPE1Xs:

- Laura Ingalls Wilder, author
- Princess Diana, Princess of Wales
- Peter Jackson, filmmaker
- William Shakespeare, playwright

Some famous fictional characters with TYPE1X personalities include:



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- Calvin, *Calvin and Hobbes*
- Anne, *Anne of Green Gables*
- Fox Mulder, *The X-Files*
- Wesley Crusher, *Star Trek: The Next Generation*

Best TYPE1X Career Choices

Famous TYPE1Xs and regular people alike typically do well in careers where they can express TYPE1X traits like creativity and vision. They are naturally inclined toward artsy things, so the humanities is usually a great field for TYPE1X careers. While they work well with others, these introverted types generally prefer to work alone. Some possible TYPE1X career path options that might be good career matches include the following:

- Artist
- Counselor
- Graphic Designer
- Photographer
- Librarian
- Psychologist
- Physical Therapist
- Social Worker

TYPE1Xs also do well in a career path that deals with communication, such as interpreting, copywriting, or UX designing. Although it is important to note that there isn't just one ideal career path for TYPE1Xs wanting to climb a career ladder, there are some jobs that aren't a natural fit for the sensitive TYPE1X. This includes jobs in law enforcement, sales, law, or any field where their moral compass or true nature might feel out of place.